



مبادلة للرعاية الصحية

Mubadala Health

Jumeirah - Dubai

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RunWell Info Pack 

Event Information

Dates: 27 September 2026

Location: Sunset Beach - [CLICK HERE](#)

Distances: 2KM / 5KM

Start Time: 06:30 AM

Event Details

Welcome to the RunWellseries hosted by the Mubadala

Health Foundation! RunWell is an initiative designed to create a community centered on running to live a healthy, active lifestyle. This is a Fun Run on the iconic Kite Beach shoreline. There will be no results as it is a clock-timed run. One registration gives you your own RunWell T-shirt and participate in all 4 of the editions.

****Please note that there are no finisher medals, as this is just a Fun Run***



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Check In & T-shirt Collection

You will be able to collect your T-shirt the day before the race at the Mubadala Health Clinic Dubai. Specific details will be shared with you via email closer to the date.

Check-in Date: 26 September 2026

Check-in Time: 14:30 - 18:00

Once you have checked in and collected your shirt, that's it! There will be no published results. You will be able to arrive at the venue in your event T-shirt to be able to participate.



Race Day Schedule

06:00AM - Race Village opens

06:30AM - Run starts *(all distances)*

08:00AM - Race Village closes

**Please note that there is no on-site check-in. You will need to collect your T-shirt the day before the race at the Clinic*



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Parking

Paid public parking will be available at the venue.

Parking Point 1



Parking Point 2



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2KM

- 1 lap for 2km Runners

Course Map FOR 2KM



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5KM

- Start running towards Turn Point 1.
- Take a U-turn at Turn Point 1.
- Continue running past the Start/Finish line towards Turn Point 2.
- Take a U-turn at Turn Point 2.
- Run back towards the Finish Line

Course Map FOR 5KM



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See you there!